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| 09:00- 09:30 | Joe Wicks Workout |  | Find Joe Wick’s live daily workouts via YouTube. | |
| 09:30- 10:00 | Literacy-  Adult Led |  | **Flashcards**- Go to this website <https://new.phonicsplay.co.uk/resources/phase/2/flashcards-speed-trials> , log in using these details username march20 password home and select ‘phase 3’.  **Segment and Blend**- Play sentence substitution ‘phase 3’ choose the sentence ‘They might meet in the town.’ <https://new.phonicsplay.co.uk/resources/phase/4/sentence-substitution-ph4>  **Write**- Choose the funniest sentence you create to write, a different one from yesterday.   * If possible draw lines for your child to write onto. Where possible try using boards and paper landscape. * Ask your child to remember the things we need to use when writing a sentence. If they don’t remember tell them: **a capital letter at the beginning, finger spaces between words and a full stop at the end**. * Ask your child to **say the sentence** a couple of times first with help, then independently. They should try and ‘**hold the sentence**’ in their head. * Without looking at the above, begin to work on the first word. Show them the capital letter chart below to help. They should aim to **sound the word** before or as they are writing it. Use the charts below to help. * If they miss out a sound try not to correct them as they write. Let them know once they have completed the whole sentence (focus on just one correction). * If your child finds this tricky, write two words separated by a finger space. | |
| 10:00- 11:00 | Inside and Outside Play-  Child Led |  | Resource idea- Do you know how to use the hoover? If you have carpet can you make any shapes or patterns on it with the hoover? | |
| 11:00- 11:30 | Snack and Chill |  | Screen time, picnic or more playing after you’ve eaten- you choose! | |
| 11:30- 12:00 | Maths-  Adult Led |  | Watch ‘Count With Rod’ <https://www.bbc.co.uk/teach/class-clips-video/maths-ks1-adding-1-to-3/z7ps382>.  Record one of Rod’s number sentences using the addition and equal symbols. | |
| 12:00- 12:30 | Prepare For Lunch |  | You could help your grown up by setting the table, getting things from the fridge, chopping or pouring the drinks. | |
| 12:30 – 13:30 | Lunch and Chill |  | Screen time, picnic or more playing after you’ve eaten- you choose! | |
| 13:30- 14:00 | Explore-  Adult Led |  | Can you get changed into something sporty for your yoga session (key skill)?  Do ‘Cosmic Kids Yoga’ session, today it’s a space picnic https://youtu.be/d85dw-AcAaU. | |
| 14:00- 15:00 | Inside and Outside Play-  Child Led |  | Refresh the resource from this morning. | |
| 15:00- 15:15 | Tidy Up Time |  | Playing a song on may help keep things positive. | |
| 15:15- 15:30  **or Bedtime** | Story Time-  Adult or Child Led |  | Can you choose a story from home or from one of these websites for an adult to share with you?  <https://www.freechildrenstories.com/age-3-5>  <https://www.freechildrenstories.com/age-5-8-1><https://www.bbc.co.uk/cbeebies/stories>  <https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/>  <https://www.storyberries.com/category/5-min-stories/> | Can you choose a story from this website for you to share with an adult?  First you need to register on the website for free here <https://www.oxfordowl.co.uk/user/sign_up.html>  Once you are logged in this link should take you to the children's e reading books. If you look closely you will see a little blob of colour on the virtual front cover of the book, you should choose the colour book your child is currently reading. [https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/?view=image&query=&type=book&age\_group=Age+4-5&level=&level\_select=&book\_type=&series=#](https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/?view=image&query=&type=book&age_group=Age+4-5&level=&level_select=&book_type=&series=) |

**Core Skills**

**These core skills are important in giving children a good foundation for year one.**

These are the core skills covered in today’s timetable. You may like to cover them in a different way to suggested in the timetable or do some further exploration of them in addition to the timetable.

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| Prime Core Skills | Literacy Core Skills | Maths Core Skills |
| Use pencils effectively for writing by forming most letters correctly. | Write words in a way that match children’s spoken sounds. | Add and subtract within single digits using objects or equipment. |
| Dress themselves independently. | Understand the use of a finger space to separate words. Use finger spaces appropriately. |  |
|  | Write a simple sentence. |  |
|  | Use phonic knowledge to decode regular words and read them aloud accurately. |  |
|  | Read simple sentences. |  |