**2 minute presentation**

**CAST:**

* Narrator: Jay
* Unhealthy child: Ashya
* Healthy child 1: Carlo
* Healthy child 2: Tallulah
* Healthy child 3: Megan
* Music teacher: Mr Owen

Narrator: One day at our school during a music assembly…

(*Fruit and Veg* song played on CD, unhealthy child won’t sing)

Unhealthy child: These songs are stupid! Why do I need to be healthy?

(3 HC looked astonished). What? Give me 6 reasons why I should be healthy, it’s so boring.

Healthy child 1: I feel epic after I have eaten one of our tasty and healthy school dinners. I always like to know where my food comes from, and I know the meat is good quality.

Healthy child 2: Carlo has eaten an Ashton Vale dinner and now he feels epic!

(EPIC Music)

Healthy child 3: And don’t forget, sometimes the vegetables come from our own garden.

Healthy Child 2: Yes, I love to see how our garden is growing and it’s great to know that there are no nasty additives that would then go into our food.

Healthy child 3: Oh yeah, do you remember how Farmer Andy explained how he looks after his animals so they are really healthy and give us healthy meat.

Healthy child 1: That was a great trip to the farm! And now we have our own chickens that lay eggs for us.

Healthy child 2: Only last week our class made sponge cakes using the eggs.

Healthy child 3: Do you remember that School council made that decision to have chickens in the school? Also, our SNAG group has been meeting and discussing about ways we can get our school even healthier!

Unhealthy child: SNAG group?

Healthy child 2: It stands for School Nutrition Action Group.

Healthy child 1: And all year we have been learning about how to be healthy through lessons in our classes and assemblies, and singing songs about eating a healthy diet.

Dairy song on CD

HC 1,2,3: Put it in your diary it’s good to have some dairy, if you want your bones…

Unhealthy child: STOOOOOP!!! O.K. I get the message! Are there any of those tasty sponge cakes left?

HC 1,2,3: Success!

Food For Life Awards – Weds 6th March.

**11:00 - 2:30**

**The Council House.**

**2 minute presentation:**

**Sharing**

* **Key achievements**
* **How FFLP has impacted on our school.**

Discuss with kids how we could do this (props, role play, songs anything else)

Wednesday P.M. meet with SNAG and gardening groups

Explain the awards.

List our key achievemnets

List what impact FFLP has had on the school

Sort out who is doing what:

SHORT SONGS

Five portions a day

Fruit and Veg

Carbohydrate

DAIRY

**Last years Snag Group**

Ashya, Megan, Carlo, Tallulah-Belle.

**Gardening Group**